

ARACELI N. SABALBARINO

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JOB EXPERIENCE

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| <ul style="list-style-type: none">• Healthcare Recruiter/Lead On-Call Trainer/Customer Service Manager
May 2021 – May 2023• Gestalt Therapist
<i>Private practice</i>
2019 - present• Management Trainee
Bioenergetics Training Center
February 2018 – January 2019
Salcedo Street, Makati City• Office Staff
Al Habtoor Leighton Group
October 2008 – February 2011
Dubai, United Arab of Emirates• Customer Service Representative
I Touch Point, Inc.
September 2006 – May 4, 2008
IMB Plaza, Eastwood Libis QC• Customer Service Representative
EPLDT Parlance Systems, Inc.
August 2004 – July 2006
Garcia Street, Makati City• HRD Officer | <ul style="list-style-type: none">• Source and Recruit Healthcare Professionals for Long Term Care/Skilled Nursing Facilities• Training new staff for On Call Task/Customer Service• Managed On Call team for healthcare professionals' concerns, complaints, and on-boarding queries.• Conducts private therapy sessions for individuals experiencing anxiety, depression, relationship problems, mood disorders and other related conditions.• Assigned in Marketing Department (via social media)• In-charge in replying to clients re queries for services/workshops• In-charge in the preparation and assistance during workshop events• Assigned as Receptionist and Department Secretary in Store and Purchasing• Provides secretarial and administrative works.• Provides quality directory assistance to US and Canadian callers.• Perform other duties assigned from time to time.• Assist customers in general concerns.• Explain billing record• Process order of satellite programming• Explain promotion details offered per account. |
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<p>MICHEN Tooling Die Corp. May 2000 – June 2004 Halcon Street, Boni Mandaluyong City</p> <ul style="list-style-type: none"> • <i>Personnel Clerk</i> <p>Integrated Mobilizers, Inc. July 1998 – April 2000 Quezon Avenue, Quezon City</p>	<ul style="list-style-type: none"> • In-charge of the over-all HR functions from pre-employment to post-employment services of employees • Provides clerical support to HR functions.
CLINICAL SETTING	
<ul style="list-style-type: none"> • <i>Practicum(200 hours)</i> <p><i>National Center for Mental Health</i> December 2014 – March 2015 Mandaluyong City</p>	<ul style="list-style-type: none"> • Conducted initial intake interviews • Administered Psychological Tests • Prepared Psychological Reports

EDUCATIONAL BACKGROUND	
<p><i>Post Graduate</i></p> <p>Masters in Clinical Psychology Far Eastern University Manila (2014-2016 units earned)</p> <p>Medical Transcription Asian College Of Science (2006)</p> <p><i>Tertiary</i></p> <p>Bachelor of Science in Psychology Far Eastern University 1994 – 1998</p>	

SEMINARS/ WORKSHOPS ATTENDED	
<p><i>2023</i></p> <p><i>2022</i></p> <p><i>2021</i></p>	<ul style="list-style-type: none"> • Mental Health First Aid for People with Suicidal and Self Harming Tendencies • Psychological First Aid – Entry Level Class • Psychological First Aid – Master Class • Skills for Mental Health Trainers • Psychological First Aid and Counseling in the Organization • Couple of Webinars • Mental Health Assessment and Management

2020

- The Science of Substance Use
- Support System Approach on PWUDS Treatment, Recovery and Care
- How to Deal with Midlife Crisis
- Public Health Dimensions of Substance Use
- Sikolohiya ng Selos
- Asking the Expert Strategies in Providing Psychological Services in the School Setting
- LGBT Psychology A Walk Under The Rainbow Umbrella
- The Role of Observation in Understanding Deafness

2019

- Clinical Report Writing
- Criminal Psychology
- Managing Employee Relations in the New Normal
- Pain Psychology
- Workplace Due Process Perspective and Nuance of Theory and Practice
- Child and Behavior Functional Behavior Assessment
- Annulment Psychologist As Expert Witness in Court
- Psychospiritual Approach
- Psychotrauma Management
- An Introduction to Logosynthesis How to Relieve Anxiety, Stress and Trauma Through the Power of Words
- The Value of Including PsychoEducation in our Mental Health Practice and Initiatives

- Understanding Depression and Preventing Suicide
- Sleep Disorders
- You Bet your Life: Understanding the High Stakes of Gambling Addiction
- Unmasked: How to Read Faces Like an Open Book
- Fostering the Gift: A Guide to Child Needs “The Use of CBT for Depressive Children”
- Understanding Heart Attack
- Menopause
- Practicing Emotional Self-Care With RAIN Meditation
- Love Stronger Than Death
- Geared Up: All You Need To Know About Clinical Documentation “Test

<p data-bbox="438 636 507 667"><i>2018</i></p> <p data-bbox="438 1003 507 1034"><i>2017</i></p> <p data-bbox="438 1370 507 1402"><i>2016</i></p>	<p data-bbox="879 197 1070 228">Development”</p> <ul data-bbox="834 235 1401 2040" style="list-style-type: none"> <li data-bbox="834 235 1401 342">• Geared Up: All You Need To Know About Clinical Documentation “Introduction to Projective Techniques” <li data-bbox="834 349 1401 456">• Geared Up: All You Need To Know About Clinical Documentation “In Take Interviews” <li data-bbox="834 463 1401 571">• Geared Up: All You Need To Know About Clinical Documentation “The Basics of Psychological Report Writing <li data-bbox="834 577 1401 640">• ScalarPrana Conversation and Healing with Angels <li data-bbox="834 685 1342 716">• ScalarPrana Human Energy System <li data-bbox="834 723 1310 754">• ScalarPrana Energy Cultivation 1 <li data-bbox="834 761 1385 824">• ScalarPrana Stress and Psychic Energy Management <li data-bbox="834 831 1385 862">• ScalarPrana Healing Your Karmic Past <li data-bbox="834 869 1362 931">• ScalarPrana Personal Miracle, Power and Prosperity 1 <li data-bbox="834 938 1230 969">• ScalarPrana Psychotherapy <li data-bbox="834 1014 1334 1046">• How to Deal with Difficult People <li data-bbox="834 1052 1394 1137">• Suicide Risk in Psychotherapy: A workshop on Assessment and Response <li data-bbox="834 1144 1302 1207">• Module II: Energetic Regression Therapy <li data-bbox="834 1214 1249 1276">• Clinical Regression Therapy Certification Program <li data-bbox="834 1283 1378 1314">• Gestalt Therapy Certification Program <li data-bbox="834 1321 1315 1352">• Life Coach Certification Program <li data-bbox="834 1397 1358 1460">• Freedom from Addiction Counseling Training Workshop <li data-bbox="834 1467 1342 1529">• Best Practice Strategies in Working With a Multidisciplinary Team <li data-bbox="834 1536 1414 1644">• Going Beyond Behavior Management: If Punishment and Reward Won’t Work, What Will? <li data-bbox="834 1650 1362 1758">• North Luzon Regional Post-Graduate Course in Psychology, Guidance & Counseling, and Special Education <li data-bbox="834 1765 1398 1872">• “Mind, Brain, and Me” Exploring the Interaction of Cognitive Science, Public Health, and Spirituality <li data-bbox="834 1879 1318 1942">• Forensic Psychiatry in Healthcare Setting <li data-bbox="834 1948 1275 1980">• Management of Mental Illness <li data-bbox="834 1986 1259 2018">• Assessment of Mental Illness
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<p><i>2015</i></p>	<ul style="list-style-type: none"> • Psychology of Love: Psychological Perspectives in Understanding Love and Sexuality • Evidence-Based Psychotherapies for Disaster Survivors
<p><i>2014</i></p>	<ul style="list-style-type: none"> • Trauma-Focused Visual Arts Activities for Children • Defusing for Children • Therapeutic Reading • Embracing and Healing the Inner Child • Neurocognitive Changes in the Presence of Trauma • Hypnosis and Hypnotherapy for Anxiety Disorders • Understanding Home Loss: Psychology of Place • Pharmacological Interventions for Psychotrauma • Self-Care Techniques for Those in the Helping Profession • Psychological Assessment for Children <ul style="list-style-type: none"> • Who Really Wants to Die? Crisis and Suicide Assessment and Intervention • Seminar on Current Issues and Trends in Clinical and Industrial Psychology • “Pinoy Values: Mula Pagpapakatao tungo sa Pakikipagkapwa-Tao”

PERSONAL INFORMATION

Birth date: June 10, 1977

Civil Status: Single

References: Available upon request